



# The Institution of Engineers (India)

Aligarh Local Centre, Aligarh

is organizing a

## WELLNESS AWARENESS TALK AND DISCUSSION

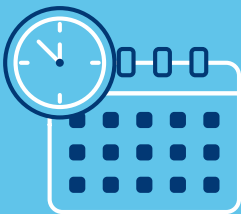


### Speaker

**Mr. Kuldeep Singh**

Health and Life Style Coach,  
Kuldeep/ Rakhi Wellness Care,  
Naurangabad, Aligarh

### Topic: Wellness Awareness Talk and Discussion



**Saturday, 22nd June, 2024**  
**05:30 pm**

**VENUE: SMART CLASS ROOM,  
UNIVERSITY, POLYTECHNIC,  
AMU, ALIGARH**

#### Chairperson

**Dr. Salma Shaheen, FIE  
IE (I), ALC, Aligarh**

#### Honorary Secretary

**Er. J. K. Varshney, MIE  
IE (I), ALC, Aligarh**